# *The Health Service We Provide*

Souris Valley Regional Care Centre operates as a Level IV care facility with a budgeted bed capacity of 300. The Centre provides long term supportive and restorative care for persons of all ages who do not require acute hospital care and treatment, but do require regular and continuous medical attention and nursing care on a 24 hour basis. Supplementing medical and nursing care are inputs from the Therapy and Social Work Departments.

Souris Valley Regional Care Centre is the regional referral centre for the Weyburn Estevan Health Region and does the screening for all Level IV admissions in the region.

SOURIS VALLEY REGIONAL CARE CENTRE

Box 2001
Weyburn, Sask.
S4H 2L7

June 1984

Honourable Mr. Graham Taylor,
Minister of Health,
3475 Albert Street,
T.C. Douglas Building,
REGINA, Saskatchewan.
S4S 6X6

Dear Mr. Taylor:

It is my pleasure to present to you, the Annual Report of the Souris Valley Regional Care Centre.

This report covers the period April 1, 1983 to March 31, 1984.

Respectfully submitted,

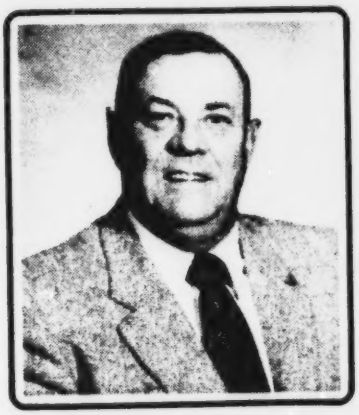
M. Lang

Mrs. Mildred Lang
Chairman of the Board,
Souris Valley Regional Care Centre.

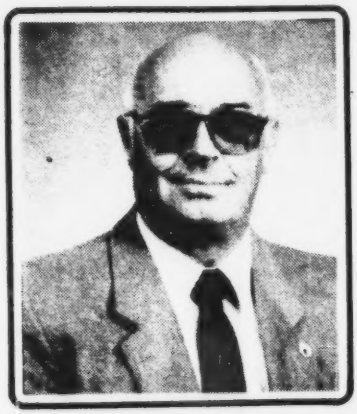
# *Members of the Governing Board 1983-84*

**Mrs. M. Lang**
Chairman
Stoughton

**Mrs. B. Nixon**
Weyburn

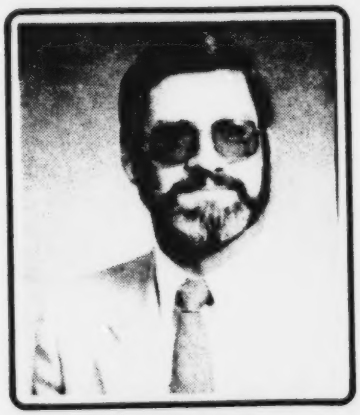


**Mr. O. Storlie**
Lampman



**Mr. L. Bell**
Carlyle

**Mr. J. Pick**
Macoun

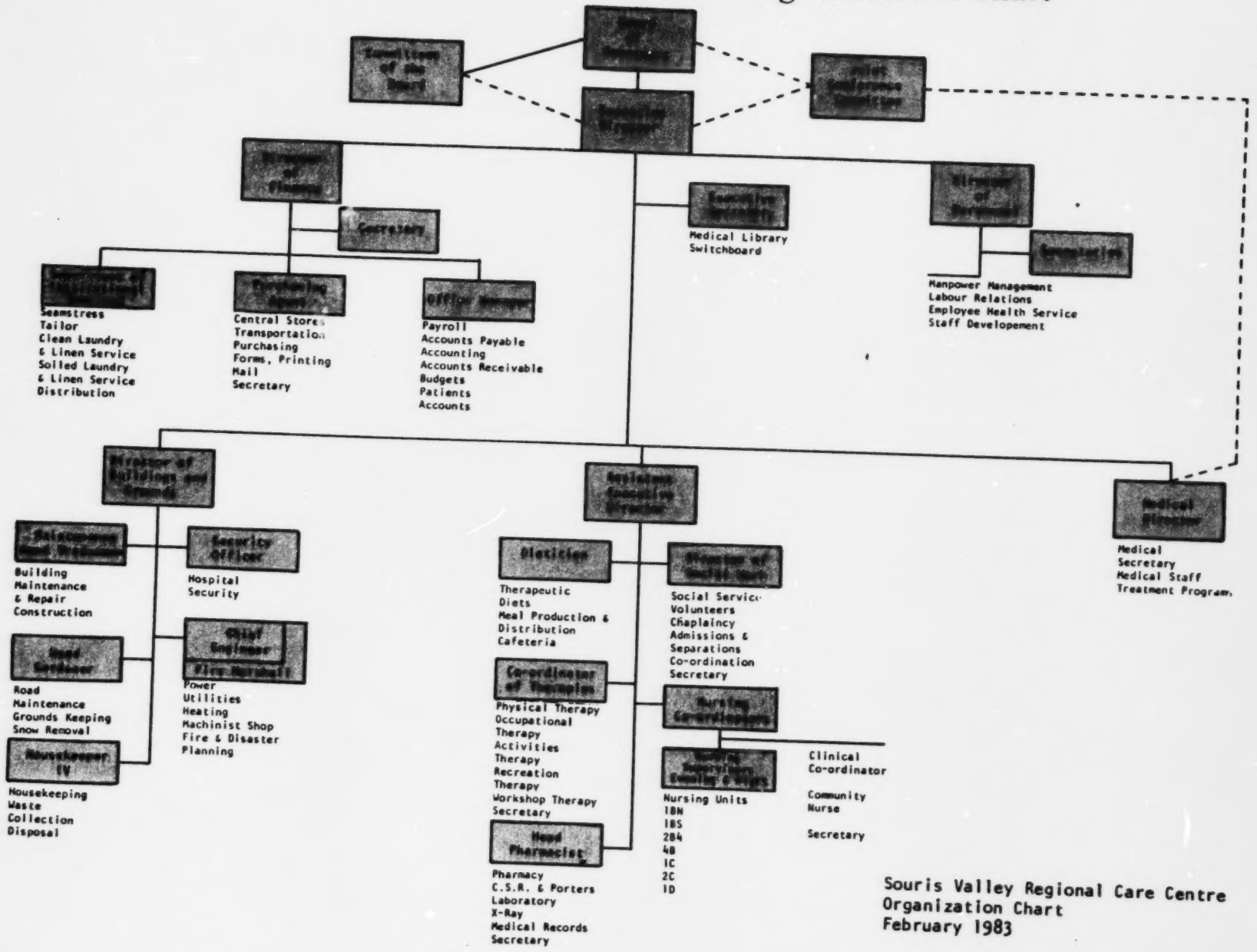


**Mr. B. McCallion**
Executive Director

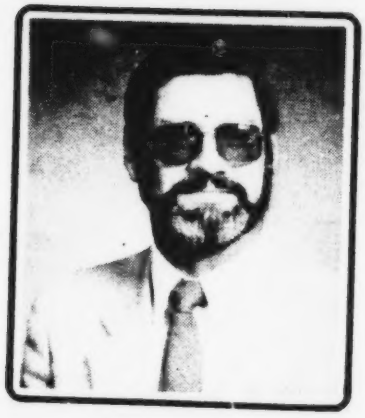
**Pictures Missing:** Mr. D. Peterson, Vice Chairman, Yellow Grass
Mrs. B. Bakken, Weyburn
Mr. G. Shepherd, Alameda

**EXECUTIVE COMMITTEE:** Mrs. M. Lang
Mrs. B. Nixon
Mr. D. Peterson
Mr. B. McCallion

# *Souris Valley Regional Care Centre Organizational Chart*




Souris Valley Regional Care Centre
Organization Chart
February 1983



*Mr. B.J. McCallion — Executive Director*

The 1984 Annual Report traces the history of achievement of our facility, and in the following pages it reflects our current long term care activities, in which we continue to provide leadership as a Regional Care Centre.

We expect to continue to improve the QUALITY and QUANTITY of our services in the future through the following plans:

— Expansion of the Centre's bed capacity to provide Level III Nursing Home Care.
— Renovations to develop more private and semi-private wards.
— Development of specialized units to provide care and treatment for specific groups such as those suffering Alzheimer's Disease.
— Expansion of the Day Hospital to provide 24 hour service.
— Development of a Day Care Centre.

We were extremely pleased that the quality of our programs and care provided were once again endorsed by the Canadian Council on Hospital Accreditation. After their survey in April of this year, the Council again gave the Centre its highest award, a three year accreditation status.

Through this achievement we are able to assure the public of the quality of care our Centre provides, since we have met, and in the majority of cases surpassed, national standards set by the Council.

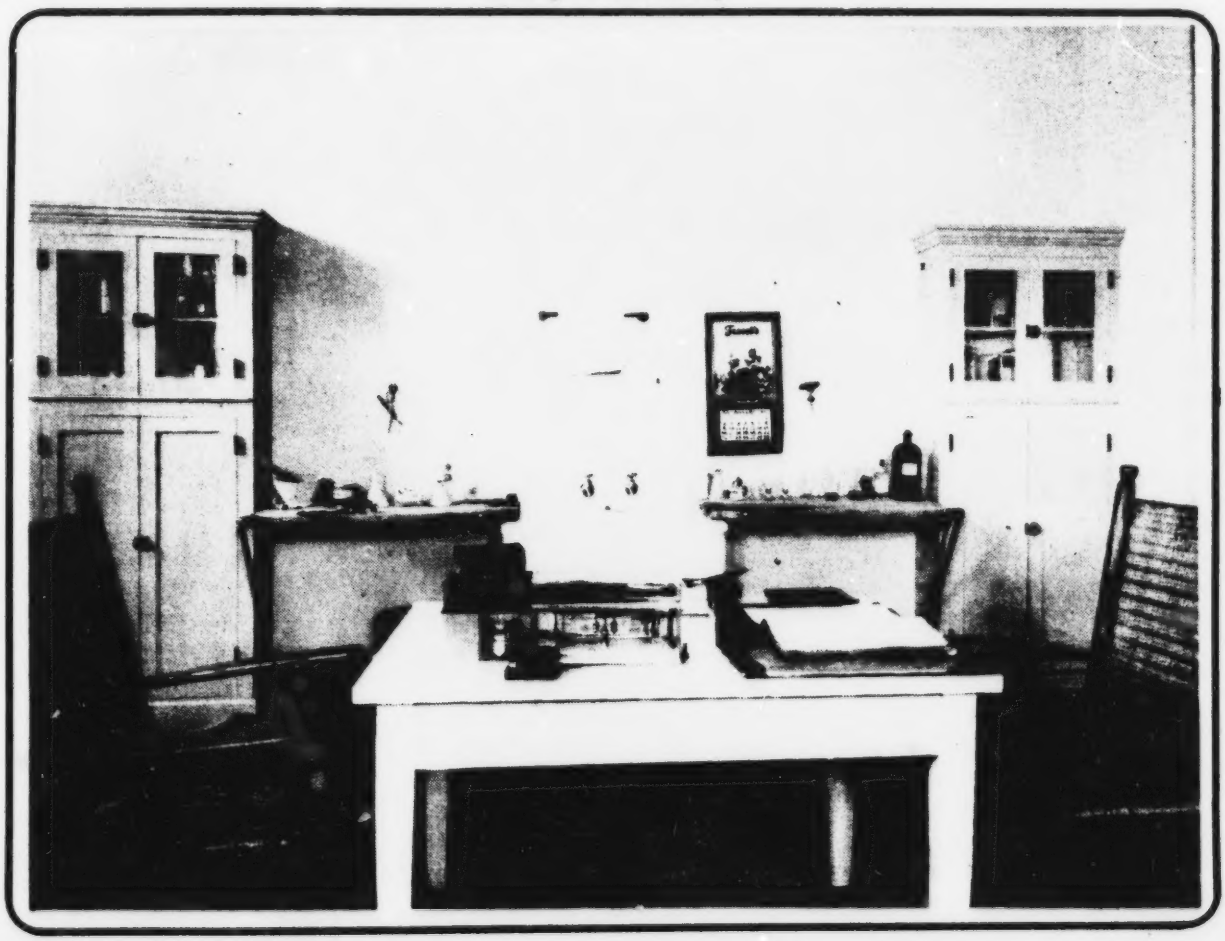
# *Past History*

1921-22 Mental Hospital opened and was the largest building in Saskatchewan (covering six acres and eight feet short of one mile) at that time with a cost over 2¼ million dollars. Nearly 1,000 railroad cars of material were used in the construction. Patients and staff began arriving from North Battleford. Wages were: female nurses $40 per month; male attendants $45 per month; top wages were $60 per month. Hours of work were 12 per day with one day off per week as well as every second Sunday. Patient population: 607.

1930 Training program for psychiatric nurses commenced with first class of 30 graduating in 1933. Patient population: 1,083; staff 150.

1939-44 Male staff go to war. Installation of Union for employees. Hospital was self contained, i.e. farm, garden, bakery, tailor shop, dental and pharmacy services, dances, shows, and cemetery. Cottages near hospital provided residences for doctors and department heads. Highest patient population: 2,534.

***Early Pharmacy***



1947-48 Name changed to Saskatchewan Hospital. First "Open Door Policy" — patients who could look after themselves were issued a parole card and allowed to go freely about the grounds.

1955-57 Was recognized as a world leader in research. Patient population: 1,554.

***Skating Behind Doctors' Cottages***

1961-67 Saskatchewan Mental Health Act passed and was considered one of the most progressive in North America. Marked reduction in patient population led to a complete wing being converted to a vocational training school. Farm equipment and dairy herd sold at public auction. Last graduating class of three year psychiatric nurse program. Patient population: 384.

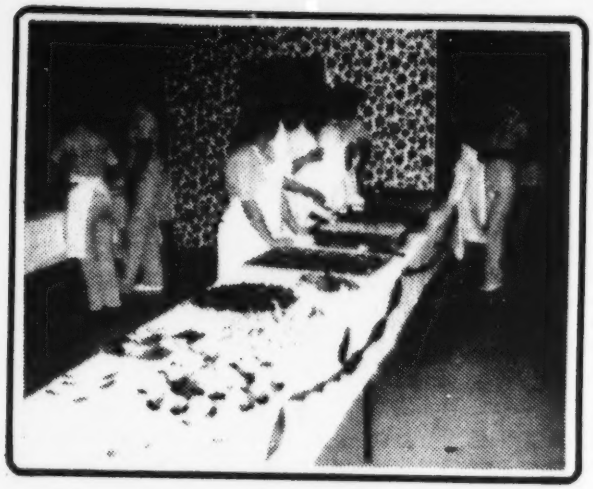
1971 Saskatchewan Hospital converted to Psychiatric Centre and Souris Valley Extended Care Hospital. The Souris Valley Extended Care Hospital was established as a branch of the Department of Health with a local board.

1975 Regional Board was appointed by the Minister of Health to manage, control and operate the Centre. This change reflected a move in the operation of the Centre to be compatible with other major hospitals in the Province.

1981 Became the present Souris Valley Regional Care Centre

1983-84 Continuing to improve the quality and quantity ot our services. Again received three year accreditation status.

***Smorgasborg and Candlelight Dinners***



***Individual and Group Activities***

***Remodelling and Redecorating***

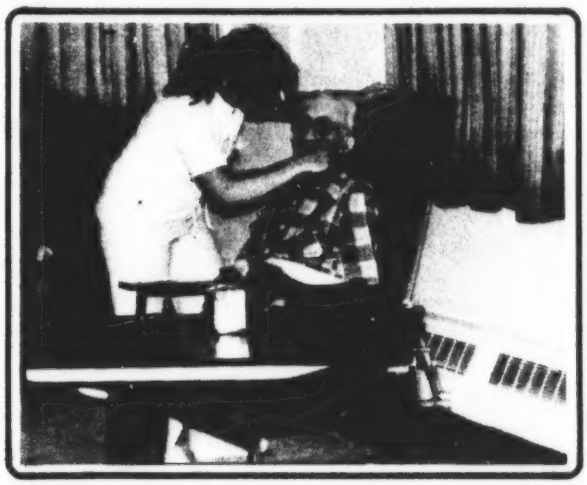
## *Medical Department:*

The Medical Department, staffed by two full-time physicians, experienced another busy year in 1983.

The Centre's Day Hospital was promoted to encourage elderly, disabled people in the community to receive two or more hours per day of rehabilitative and maintenance therapies. Respite admissions are also available for periods of two to four weeks at a time. The purpose of this service is to admit heavy care patients from their homes and afford relief for their caregivers.

In 1983, as a result of research, a paper entitled, "Incidence of Hepatitis 'B' Carriers in an Extended Care Centre", was presented to the Canadian Gerontology Association Annual Meeting. Dr. K.G. Thomas is presently studying the long term effects of Levine Tube Feedings in some elderly patients as reflected in certain blood chemistry changes.

For the future, it is proposed a ward be set up exclusively for ambulant senile dementia patients (Alzheimer's Disease), whose number is gradually increasing at the Centre.



## *Nursing Department:*

During the past year, all levels of nursing worked with great enthusiasm and determination to ensure our high standards of patient care were maintained.

Other occurrences taking place within the Department were:

— Quality Assurance Care Plan implemented with the goal of providing personalized patient care.
— Two new Committees, "Nursing Practice" and "Product Evaluation" were formed and are showing potential for ensuring quality care.
— The ongoing redecorating, painting and upgrading of furniture throughout the six units comprising the Nursing Department contributed to a more "homelike" atmosphere.
— A pilot project of introducing a kitten to one unit met with great enthusiasm and pleasure by the patients.
— This year there was an increased relative and visitor involvement which we hope will continue.
— Patient falls and restraints remain a concern, however, patients are allowed independence for as long as possible.
— The Nursing Education Department conducted orientation classes for new staff as well as 30 weekly in-service classes which drew an average of twelve employees per session.
— The Special Care Aide Course witnessed six graduates from an enrollment of 47.

In the future, the Nursing Service will continue their efforts to provide an environment in which holistic needs of individuals can be adequately demonstrated and appropriately addressed.

## *Pharmacy Department:*

The Pharmacy Department, which encompasses the C.S.R. Nurse, Laboratory, X-Ray, Porters and Health Records Departments, provides all medication, sterile solutions and testing materials used in the Souris Valley Regional Care Centre, Weyburn Psychiatric Centre and a number of regional treatment centres. A total of 18,507 prescriptions were issued with a cost of $163,661.19 including ward stock.

The Controlled Dose System of medication distribution is all but completed with plans afoot to further enhance services by implementing a computer system.

## *Social Work Department:*

The Social Work Department's primary role is the processing of admission and discharge applications which involve assessments, social histories, and providing counselling services to meet patients' needs both materially and spiritually.

Highlights of the past year included:

— updating of the Centre's Information Brochure.
— formation of a local branch of the Saskatchewan Alzheimer's and Related Diseases Association.
— completion of a full year of operation for the Pastoral Care Committee.
— Green Group (horticultural program) had a successful second year expanding from a small greenhouse to include gardening.

## *Volunteer Services*

Volunteers, comprised of 79 individuals and 24 groups, donated 5,554 hours of service to patients in our Centre.

## *Personal Services*

Our Personal Service Workers assisted individual patients in meeting their needs such as shopping for clothing, personal articles, and arranging for hairdressing services. During the year 3,549 purchases were made for a total value of $37,454.06.

## *Therapies Department:*

The Therapies Department underwent several staff changes during the 1983-84 year. As a result, the Physical Therapy Area temporarily closed on March 1, 1984.

Other changes in the Department included:

— establishment of a new activity area.
— Day Hospital figures were down approximately 200 hours.
— profit margin in the Patients' Canteen increased approximately $1,000.
— $10,390.45 was injected into the Patients' Bazaar Account.
— patients received $5,590 in wages.
— statistics indicated a tremendous increase in productivity.

# *Health Care Statistics*

| | 1983-84 | 1982-83 | 1981-82 |
|---|---|---|---|
| Admissions: | | | |
| New Admissions | 68 | 64 | 71 |
| Readmissions | 6 | 5 | 8 |
| Total Admissions | 74 | 69 | 79 |
| Separations: | | | |
| Discharges | 21 | 17 | 23 |
| Deaths | 35 | 40 | 33 |
| Total Separations | 56 | 57 | 56 |
| Patients on Register April 1st | 294 | 298 | 286 |
| Total Admissions | 74 | 69 | 79 |
| | 368 | 367 | 365 |
| Total Separations | 56 | 57 | 56 |
| | 312 | 310 | 309 |
| Patients Discharged to Active Treatment Hospitals | 104 | 82 | 63 |
| | 208 | 228 | 246 |
| Patients Readmitted from Active Treatment Hospitals | 91 | 66 | 52 |
| Patients on Register March 31st | 299 | 294 | 298 |
| Levels of Care at March 31st: 4A | 142 | 136 | 141 |
| 4B | 133 | 139 | 138 |
| 4C | 24 | 19 | 19 |
| Total | 299 | 294 | 298 |
| Waiting List at March 31st | 16 | 5 | 4 |
| Total Patient Days | 108,163 | 107,427 | 105,864 |
| Average Daily Census | 295.53 | 294.32 | 290.05 |
| Average Length of Stay | 418 | 292 | 237 |
| Total Days of Stay | 23,427 | 16,650 | 13,289 |
| Occupancy Rate | 98.51% | 98.10% | 96.67% |

## *Dietary Department:*

Over the past year the Dietary Department provided a total of 324,489 meals to Souris Valley Regional Care Centre patients and 20,746 meals to Weyburn Psychiatric Centre patients. Cafeteria services were also provided for staff and visitors as well as students and instructors of Wascana Institute of Applied Arts and Sciences, Community College, and Saskatchewan Power Corporation Training School. The Dietary Department takes great pride in preparing several feature events for patients over the year. These include candlelight dinners, Christmas dinner, birthday parties, smorgasborg supper and barbeques.

Interesting facts about the Dietary Department:

— last year $350,000 was spent on food purchases.
— all patients' meals are served on an insulated tray which acts the same as a thermos bottle to keep the food hot or cold.
— the average quantity of meat purchased in one month is 5,170 pounds.

## *Power Plant Department:*

The Power Plant, in fulfilling its objective, to provide heat, electrical energy and hot and cold water to the entire Souris Valley Regional Care Centre complex, has the added responsibility of supplying these same services to the Psychiatric Centre, Community College, Southeast Regional Library, and the Saskatchewan Power Corporation Training School. The Plant has the capability of being independent, but as a matter of economics, a balance of demand is maintained with the Saskatchewan Power Corporation.

Additional to these duties, the Power Plant acts as the centre of the fire system arranging drills, conducting lectures and continued maintenance of the alarm system. This past year resulted in a completed fire and disaster plan applicable to the Centre as well as a receiving facility in the event of disaster.

***Statistics:***

| | 1983-84 | 1982-83 |
|---|---|---|
| Water Consumption (Imp. Gals.) | 24,304,720 | 27,520,592 |
| Sewage (Imp. Gals.) | 24,180,420 | 27,287,644 |
| Electrical Energy Used (KW hrs.) | 3,025,300 | 2,981,400 |
| Fuel Used (Natural Gas—Cubic Meters) | 3,068,450 | 3,193,647 |

## *Housekeeping Department:*

The Housekeeping Department is responsible to ensure the highest standard of hygiene and sanitation by utilizing effective procedures and reputable products for cleaning and waste disposal. In addition, the Department provides services to the Weyburn Psychiatric Centre, Wascana Institute of Applied Arts and Sciences and the Southeast Community College.

The physical plan contains approximately 450,000 square feet. Last year there was a daily pick up of wet and dry waste, of which 149.47 cubic yards of wet waste was disposed.

Housekeeping staff have continued to attend seminars, educational courses and scheduled department meetings throughout the year.

## *Buildings and Grounds Department:*

The Buildings and Grounds Department completed sixteen capital projects this year. Examples of which are: repair of the S.E. Wing entrance, a continuation of the window replacement program, installation of privacy drapes, painting of D Unit and widening of several doors.

In comparison to past years, the major projects were somewhat smaller. This enabled the Department to concentrate on preventive and decorative maintenance as well as attend to 2,077 repair requisitions.

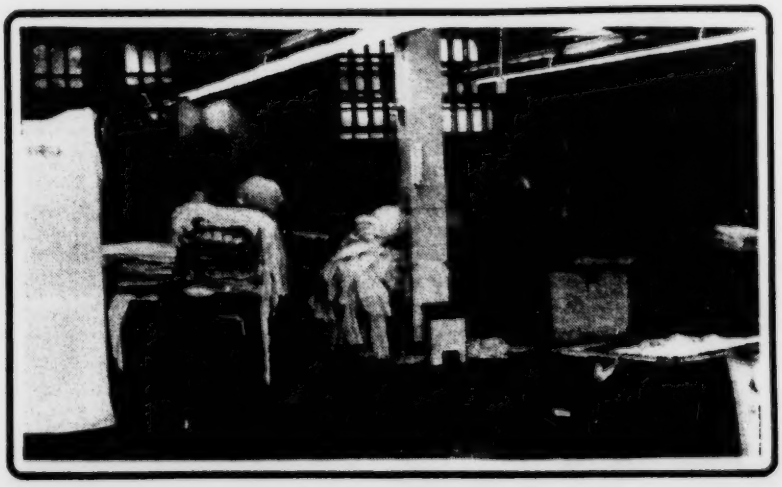
New preventive maintenance schedules were introduced to all maintenance shops and the addition of a Maintenance Planning Room are expected to enhance the overall quality and delivery of maintenance and project service.

## *Laundry Department:*

The Laundry Department of the Souris Valley Regional Care Centre also contracts their laundry and linen services to the Psychiatric Centre, Weyburn; the Weyburn Union Hospital, and the South Sask Ambulance.

Some interesting statistics for 1983-84 year include:

— processing of 1,566,374 pounds of laundry equals over three ton per day.
— launders ½ million sheets per year.
— consumes 21,256 gallons of water per day.
— launders and repairs all patients' personal clothing.



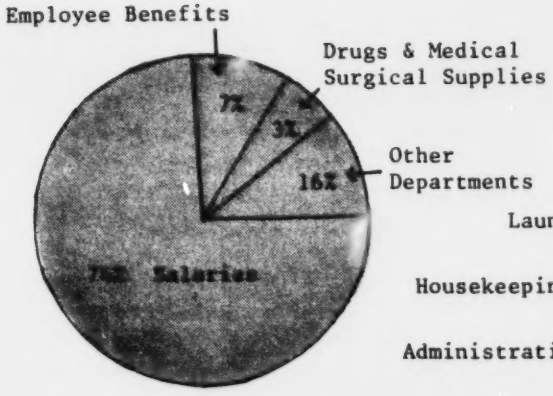
## *Finance Department:*

The past twelve months have been very busy and exciting for the Finance Department. Late in November we received computer hardware and software which gives us a direct link with the computer system we are using from Winnipeg. With the installation of the equipment, we now have the capability of keying in our information and having reports generated on site.

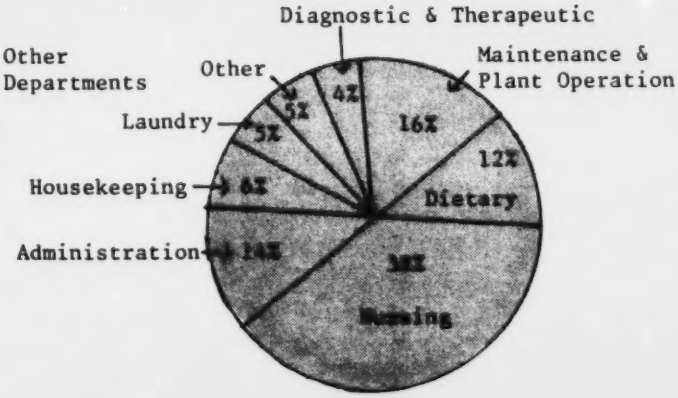
At the present time, our Accounts Payable are handled totally through the system, Fixed Assets are scheduled to go on the system in the very near future and General Ledger, Budget Planning and Processing are in the works. We have run a number of test payrolls and as this is a major area of our operations we want to be super confident of our abilities before we rely solely on keying on site. By the first of September we should be off "batch" system and doing all entry on site.

In our fiscal year, April 1, 1983 to March 31, 1984, our approved budget amounted to 12.2 million dollars. The following is a general breakdown of expenditures for the year:

***By Expense:***




***By Department:***



## *Personnel Department:*

In addition to maintaining recruitment, selection, salary and benefit administration, labour relations was the predominant task this past year culminating in the successful negotiation of a two year Agreement.

This past year also presented a unique situation of having to select rather than recruit personnel with an average of 500 applications on file on a constant basis. Unfortunately, the availability of Physical and Occupational Therapists are not included in these applications.

With a slight increase in 1983, we now average 490 staff employed at the Souris Valley Regional Care Centre.

To keep abreast of the everchanging field of health care through our In-Service Education program, 364 staff participated in various seminars, courses and workshops.

The complement of authorized permanent positions in the Centre numbered 357 at March 31, 1984. The respective categories are:

| Department | Positions |
|---|---|
| Nursing | |
| Buildings and Grounds | |
| Therapies | |
| Social Work | |
| Power House | |
| Laundry | |
| Dietary | |
| Housekeeping | |
| C.S.R., Pharmacy, Laboratory | |
| Administration, Personnel, Finance, Medical, Purchasing, Motor Services | |

## *Purchasing Department:*

Purchasing, which includes Stores, Transportation, and Printing, processed 1,964 orders this past year with a value of 1.5 million dollars. In our continuing endeavour to supply quality products, the establishment of the Product Standards and Evaluation Committee has proved to be a valuable asset in providing a cross section of opinions and recommendations. To this end we expanded our involvement with the Saskatchewan Health-Care Association Group Purchasing to include surgical supplies and equipment.

Of interest:

— realizing the business world exists on paper we audited our facility to find our annual consumption is in excess of 17 tons.
— we use about 250,000 Attends (adult disposable briefs) with a value of $150,000.
— Centre vehicles travelled 93,087 kilometres in 1983.
— use on an average 72,000 tins of Isocal with a value over $60,000.

*Celebrating Special Days*

# *Activities and Events Throughout the Year*

*Our New Pet, Beauty*

# *Continuous Service Awards*

***Ten Years***

Bernard McCallion, Ernest Trulson, Donald Thiel, Lydia Hewitt, Mark Gregory, Carol Bell, Albert Flamont, Helen Valley, Dennis Bohnert. Missing: Marjorie Balkwill, Ellsworth Dunn, Genevieve Girardin, Donald Herberholz, Donald Neilson, Lorraine Neilson, Helen Paslawski, Hazel Trulson, Janet Story.

***Fifteen Years***

Adelaide Ley, Allan Ireland, Edith Little, Elaine Gutfriend, Adaline Ireland. Missing: Mary Clark, Maatje Taylor

**Twenty Years**

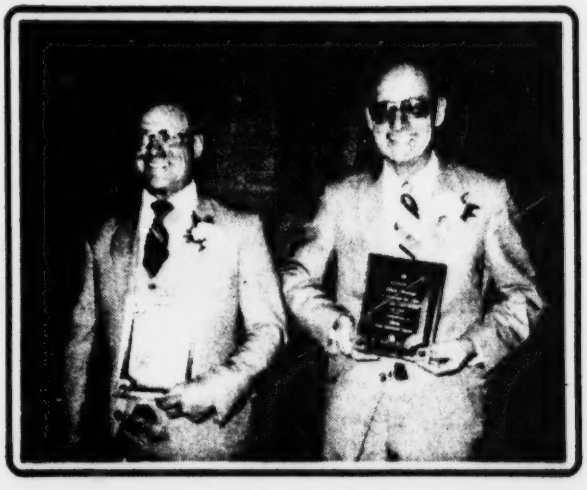
Euler Lawrence, Helen Flaaten. Missing: Ronald Schmidt

***Twenty-Five Years***

Norman Kernot, Raymond Belanger. Missing: Milton Scheuer

***Thirty-Five Years***

Charles Crumly, Cordia McLean



***Thirty Years***

Walter Jaster, Hugh Lindsay

CANADIAN COUNCIL
ON HOSPITAL ACCREDITATION
certifies that

CONSEIL CANADIEN
D'AGRÉMENT DES HÔPITAUX
atteste que

# Souris Valley Regional Care Centre

## Weyburn, Saskatchewan

has been surveyed by its representatives and having met the Standards for quality of care set by Council, has been awarded the status of

## Accreditation

This status has been achieved through the combined efforts of the G verning Body and Management, Professional and Supporting Staffs with voluntary assistance from the residents of the community.

a recu la visite d'évaluation de ses représentants et ayant satisfait aux normes de qualité de soins établies par le Conseil, s'est mérité le statut

## d'Agrément

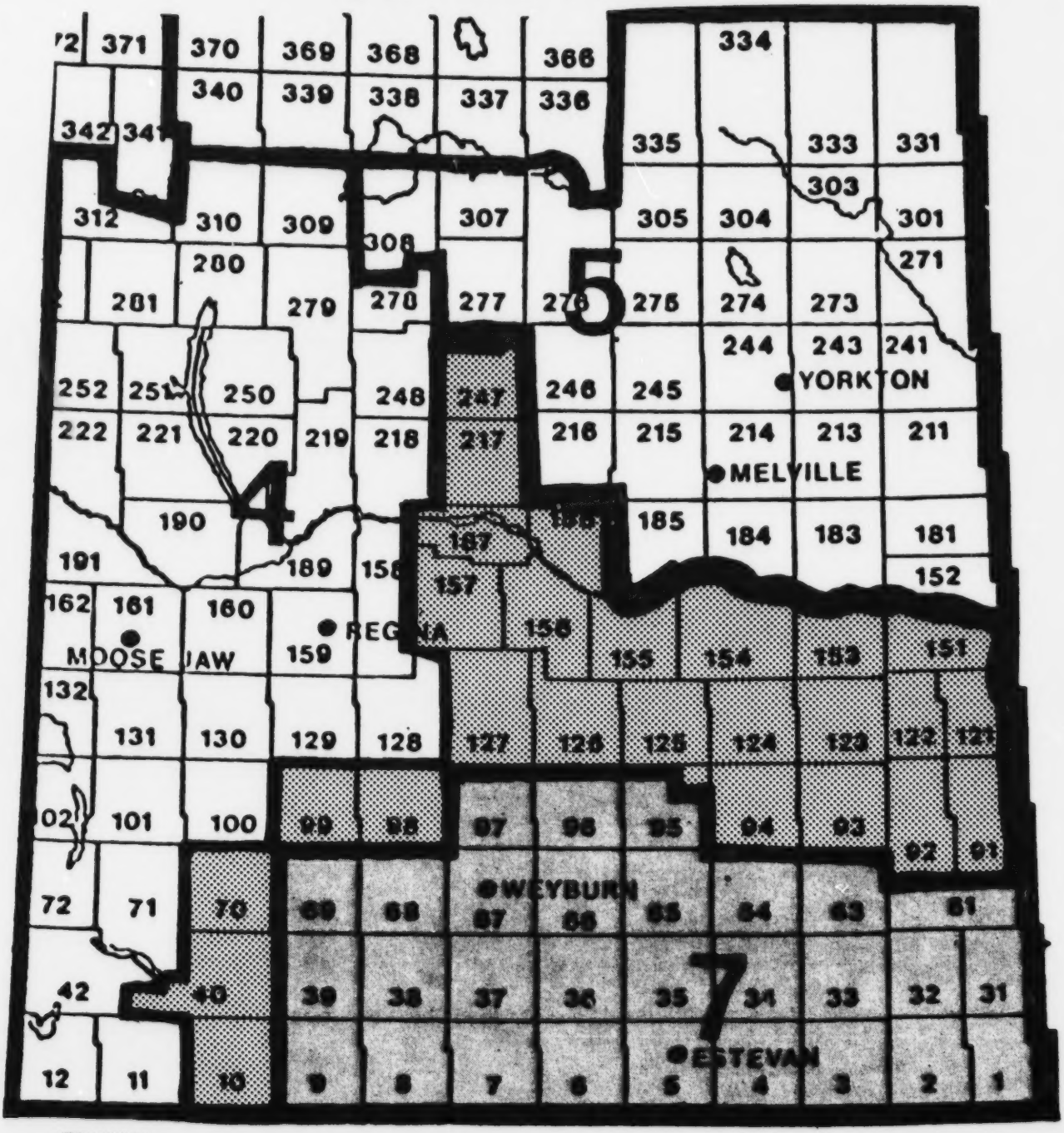
Ce statut a été mérité grâce au travail de coopération du Conseil d'administration et de la direction, du personnel professionnel et du personnel de soutien, avec l'aide bénévole des résidents de la communauté.

Jean-Yves Hamelin M.D.
Chairman - Président

Executive Director - Directeur général

October 24, 1983

# Extended Care Hospital Service Areas




No. 7 — Original catchment area (official boundaries)

Board has established policy to accept admission (Supplementary Boundaries)

POOR

QUALITY

ORIGINAL